

Reinwood Junior School Lunch Choices (3 week cycle from 4/12/2023)

W e e k 1	Main Meal 1	Monday	Tuesday	Wednesday	Thursday	Friday
	(B) Meat	Chicken Pie (B)	Quorn Korma (R)	Roast Chicken with trimmings (B)	Pork Sausage Style Meatballs with Italian Tomato Sauce (B)	Salmon Fillet (F)
	(F) Fish	Halal Chicken Pie (R)		Halal Roast Chicken with trimmings (R)	Veg Meatballs with Italian Tomato Sauce (R)	
	(R) Halal	Creamed potatoes & garden peas	Wholegrain rice	Oven roast & creamed potatoes and seasonal vegetables	Penne Pasta	Jacket wedges, broccoli & sweetcorn
	Main Meal 2 (G) Vegetarian	Penne Pasta served with Arrabiatta Sauce (G)	Stuffed Calzone Pizza (G)	Vegetarian Spaghetti Bolognese (G)	Jacket Potato & baked beans (G)	Cheese & Tomato Panini (R)
		Garlic Bread	Herby diced potatoes & seasonal salad	Garlic Slice	Crispy mixed salad	Jacket wedges & crunchy coleslaw
	Desserts	Sponge of the day served with creamy custard. Fruit yoghurts, Chunky fruit pots.	Fruit pie served with creamy custard. Fresh milk shake & biscuit. Fresh fruit salad.	Creamy Rice Pudding A Selection of Reduced Sugar Desserts.	Chocolate fudge pudding served with creamy chocolate sauce. Fruit in jelly, Chunky fruit pots.	Home Baking. Fresh fruit salad.

Reinwood Junior School Lunch Choices (3 week cycle from 4/12/2023)

W e e k 2	Main Meal 1	Monday	Tuesday	Wednesday	Thursday	Friday
	(B) Meat	Savoury mince & Yorkshire pudding (B)	Chicken Tikka Masala (B)	Roast of the Day (B)	Homemade Sausage Roll (B)	Harry Ramsden's Battered Fish (G)
	(F) Fish	Halal Savoury mince & Yorkshire pudding (R)	Halal Chicken Tikka Masala ®	Halal Roast of the Day ®	Quorn Sausage Roll ®	
	(R) Halal	Herby diced potatoes & garden peas	Wholegrain Rice	Oven roast & creamed potatoes and seasonal vegetables	Crispy sliced potatoes & baked beans	Oven baked chips & mushy peas
	Main Meal 2 (G) Vegetarian	Quorn Dippers & ketchup (G)	Loaded Vegetable Pizza (G)	Cheese & Onion quiche (G)	Penne Pasta served with tomato & basil sauce (G)	Quorn Rogan Josh (R)
		Herby diced potatoes, garden peas & carrots	Jacket wedges & mixed salad	Oven roast & creamed potatoes and seasonal vegetables	Garlic bread	Wholegrain rice
	Desserts	Chocolate Victoria served with chocolate sauce. Fruit yoghurt, Chunky Fruit Pots.	Sponge of the day & creamy custard, Fruit in jelly, Fresh fruit kebab.	A Selection of Reduced Sugar Desserts.	Fruit Crumble served with creamy custard, Cupcakes, Chunky fruit pots.	Home Baking. Fresh fruit kebabs.

Reinwood Junior School Lunch Choices (3 week cycle from 4/12/2023)

W e e k 3	Main Meal 1	Monday	Tuesday	Wednesday	Thursday	Friday
	(B) Meat	Chicken & Tomato Penne Pasta (B)	Homemade Loaded Veg pizza (G)	Oven baked sausage & gravy (B)	Beef Lasagne (B)	Oven Baked Fish Fingers (G)
	Fish (F)	Halal Chicken & Tomato Penne Pasta (R)		Veg Sausage & gravy (R)	Halal Beef Lasagne (R)	
	(R) Halal	Garlic bread	Crispy sliced potatoes & side salad	Creamed potatoes & seasonal vegetables	Jacket wedges & seasonal salad	Chunky Chips, Garden Peas & Sweetcorn
	Main Meal 2 (G) Vegetarian	Jacket Potato with cheddar cheese & coleslaw (G)	Quorn Chilli (R)	Mac 'n' Cheese (G)	Quorn Dippers & ketchup (G)	Vegetable Samosa & Riata (R)
			Wholegrain Rice	Homemade Tomato & Basil Bread	Jacket wedges & baked beans	Chunky Chips, Garden Peas & Sweetcorn
	Desserts	Eve's pudding served with creamy custard. Assorted Whips Fresh Fruit Platter.	Sponge & custard Fresh Fruit Juice & flapjack. Chunky Fruit Pots	A Selection of Reduced Sugar Desserts.	Jam Shortcake served with creamy custard. Fruit in Jelly, Fresh Fruit Salad.	Home Baking. Fruit Yoghurts, Fresh Fruit Platter.